

WARMLEY PARK SCHOOL

SPECIALIST SCHOOL FOR COMMUNICATION AND INTERACTION

NEWSLETTER NO 15 – 11TH MAY 2018

Recent Newsletters can be viewed on our website: www.warmleyparkschool.org.uk



~ TEN TORS ~
2018
11th-13th May



We are very proud that 15 of our Post 16 students are participating in the Ten Tors Jubilee Challenge this weekend. They have been training hard over the last few months in order to be able to navigate and trek over 7 miles across northern Dartmoor. We wish good luck to: Harry, Fred, George, Luke, John, Kyran, Jacob, Ellie-Mae, Beth, Laura, Lauren, Jamie, Chantelle, Joshua and Alec – you are an inspiration to us all!



Our NHS Speech and Language Therapist, Katie Howarth will be offering 15 minute sessions on Monday 18th June between 9am and 10.45am. Katie will be available to answer your questions and offer advice about your child's communication. To book an appointment, please call the school office on 01454 867272.

The Friends of Warmley Park AGM

Please join us for our next AGM Meeting at Warmley Park School at 7.30pm on Tuesday 15th May. We would love to have more parents and staff as part of this important and valuable support group for our school. Your involvement, no matter how small, will be much appreciated. Thank you.



Don't forget that Happy's Circus is coming to Warmley Park on Monday 9th July. Tickets are still available from the school office for £8.00 each.

PARENT/CARER COFFEE MORNING

The next parent/carer coffee morning will be on Tuesday 12th June, 11.00-12.00pm at The Batch. Please come along for a cuppa and a chat, everyone is welcome.



Lynne Watkins
Family Support Worker

'We're a community development organisation, which brings people together to build strong communities. Since 1988, we've been working with people of all ages to help them live happy, healthy lives.'

Here are some wellbeing sessions you may be interested in, they are free to attend and you can go to as many as you like. To book your place, call Alya on 01454 868570.

Happiness Course

An opportunity to learn techniques and ideas, which strengthen mental wellbeing and create a more hopeful outlook. We recommend you attend all 4 sessions to gain the benefits of this course.

Patchway - Starts Monday 4th June for 4 weeks

Kingswood - Starts Tuesday 19th June for 4 weeks

Mindfulness

Practice simple techniques designed to help you live in the moment; and to find peace in accepting the world, and yourself, as they are.

Patchway - Starts Thursday 24th May for 10 weeks

Kingswood - Starts Wednesday 16th May for 7 weeks



Tai Chi

A very gentle introduction to traditional Yang style Tai Chi – a relaxing, peaceful martial art, recognised for increasing health and vitality of mind and body.

Kingswood - Starts Wednesday 16th May for 8 weeks

Yoga

A gentle introductory course to yoga, incorporating some mindfulness practice: focusing on gentle postures, designed to build strength and align the body to help energy flow more freely. Yoga mats will be provided.

Patchway - Starts Tuesday 22nd May for 8 weeks

Kingswood - Starts Friday 18th May for 8 weeks



Dates for your Diary

End of Termlet 5	Friday 25 th May
Start of Termlet 6	Monday 4 th June
End of Termlet 6	Friday 20 th July